



Fancy a Challenge?

Our goal is to deliver our FREE heart screening program to young people aged 16 to 35 across the North West of England to reduce the number of sudden young deaths in the UK from undiagnosed heart conditions.

With your support we can help the people you love!



Stacey Fielding and friends raised £5,000 trekking up Snowdon in memory of her boyfriend Chris Tansey.



A team from Liverpool Heart &Chest Hospital took on the 3 Peaks Challenge and raised a whopping £5000!



Team T-money and Team Pardelli, all great friends of the late Chris Tansey, took on the Ben Nevis Challenge. They raised an amazing £4500 between them!



The staff at Paymentshield have raised £8000 in the last 9 months—they did that by having cake sales, a race night, car wash, raffles, dress down days, competitions and much more. They have all had lots of fun taking part!

Could this be you?

Do you want to take on an exhilarating challenge and raise money for a worthy cause at the same time? Or, maybe you would rather raise funds by having a cake sale or a sponsored silence? You may have an idea that nobody has tried yet, and it's tailored just to suit you?

Why not raise funds whilst enjoying doing the things you love? For more info please contact Tracey at **info@vsf.org.uk**.

For more information about the VSF: www.vsf.org.uk @vsfheartcheck thevitalsignsfoundation Vital Signs Foundation - Charity No. 114 0141