



HAVE YOU BEEN HEART-CHECKED?



This is Chris' story - don't let it be yours!



Chris Haw

Chris Haw was an outgoing and very popular 25 year old.

He was studying Business Management at Edge Hill University and had a part-time job at a menswear shop in Southport.

He loved music, had a great circle of friends, a really close family and was apparently fit and healthy.

But, on 3rd June 2006, alone in the stockroom at his part-time job, Chris suddenly collapsed and died due to a Sudden Cardiac Arrest (SCA).

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Did you know an average of 12 fit and healthy young people die each week in the UK due to undiagnosed heart conditions?
A simple screening can help to change that and save lives!

Vital Signs Foundation (VSF) is a charity set up by Chris's family to provide **FREE** and effective heart screening events for young people – to detect the early signs of Sudden Cardiac Arrest and save lives.

It is a simple, non-invasive, pain-free service headed by a Consultant Cardiologist and specialist team from Liverpool Heart and Chest Hospital. You have an ECG and the printout showing your heart's electrical activity is looked at by the Cardiologist and discussed with you. Simple!

Aged between 16 and 35? Why not get heart checked for FREE at our next screening day? Visit our website today to find out how or email info@vsf.org.uk

Website: www.vsf.org.uk Twitter: [@vsfheartcheck](https://twitter.com/vsfheartcheck) Facebook: [thevitalsignsfoundation](https://www.facebook.com/thevitalsignsfoundation)
Vital Signs Foundation (VSF) - Charity no. 1140141



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